



## The Joint Physiotherapy and Allied Health New Graduate Allied Health Professional Program

This Program has been developed using the experience and knowledge of health professionals at different stages of their career. It aims to provide the mentoring, resources, and education required to ensure you make the best start to your career.



### **MENTORSHIP PROGRAM:**

Weekly mentoring sessions with our experienced leadership team, as well as sessions with our external partners across a variety of health professions

This is YOUR tailored mentoring program, not a one size fits all approach.



### **CLINICAL SKILLS PROGRAM:**

Theory and practical educational sessions to build confidence and fine tune your craft to set a platform to launch you as a leader in industry.

Unlimited access to external on-line education resources and journals.

External inservices from leading industry health professionals.



### **PERSONAL GROWTH PROGRAM:**

We develop well rounded leaders. We understand that work and your profession is not everything.

Our personal growth program is committed to providing financial support for team members in order to encourage them to participate in personal development initiatives, and to enhance their physical and mental well-being.

Our FOUR PHASE program focuses on developing the following skillsets, which we believe are necessary in becoming a well rounded healthcare professional and the best version of yourself.

**Practitioner:** You as a practitioner, your clinical skills and knowledge.

**Personal:** You as a person, defining your desires and purpose.

**Practice:** Your reputation; how you manage your caseload to see more ideal clients.

The first two quarters of the program involves upto TWO hours per week of mentoring and clinical skills development. You will work with our mentors through each of the phases. You will also meet with the clinic Directors each fortnight.

## WHAT DOES THE PROGRAM LOOK LIKE?

### PHASE 1: INTRODUCTION TO “THE ART AND SCIENCE OF PRIVATE PRACTICE”

**Practitioner Skills:** How to structure your appointment; Treatment management plans; Client journey “road map”

**Personal Skills:** Effective communication; Building Rapport; Desire statements (what do you want from this career), Knowing your why; Positive psychology; Above the line behaviours

**Practice Skills:** Rebooking skills; Introduction to practice software; Time management

### PHASE 2: IMPROVING YOUR CLINICAL SKILLS

**Practitioner Skills:** Assessment and Treatment; Clinical techniques and approaches - practice makes perfect; Defining expectations - yours and the clients

**Personal Skills:** Positive language- Navigating difficult conversations with a positive and compassionate mindset

**Practice Skills:** How does the clinic run ‘behind the scenes’; Integration into running your own diary and helping the team.

### PHASE 3: BEING PART OF THE MULTIDISCIPLINARY TEAM

**Practitioner Skills:** Ability to recognise scope and limitations, to refer and assist others

**Personal Skills:** Develop key interest areas; Gain exposure in these areas; We can make it happen!

**Practice Skills:** Referrals amongst team members

### PHASE 4: BUILDING YOUR BRAND

**Practitioner Skills:** Areas of interest - what do you love?; Connections and networking to obtain referrals for your ideal client.

**Personal Skills:** Who is “you-the healthcare professional” - Linked in, social media presence. We will help you begin to build a personal professional brand within our brand.

**Practice Skills:** Refine your client nurturing skills to help you continue to grow your list of preferred referrals. Here we will help you find what works best for you in maintaining your preferred diary.

